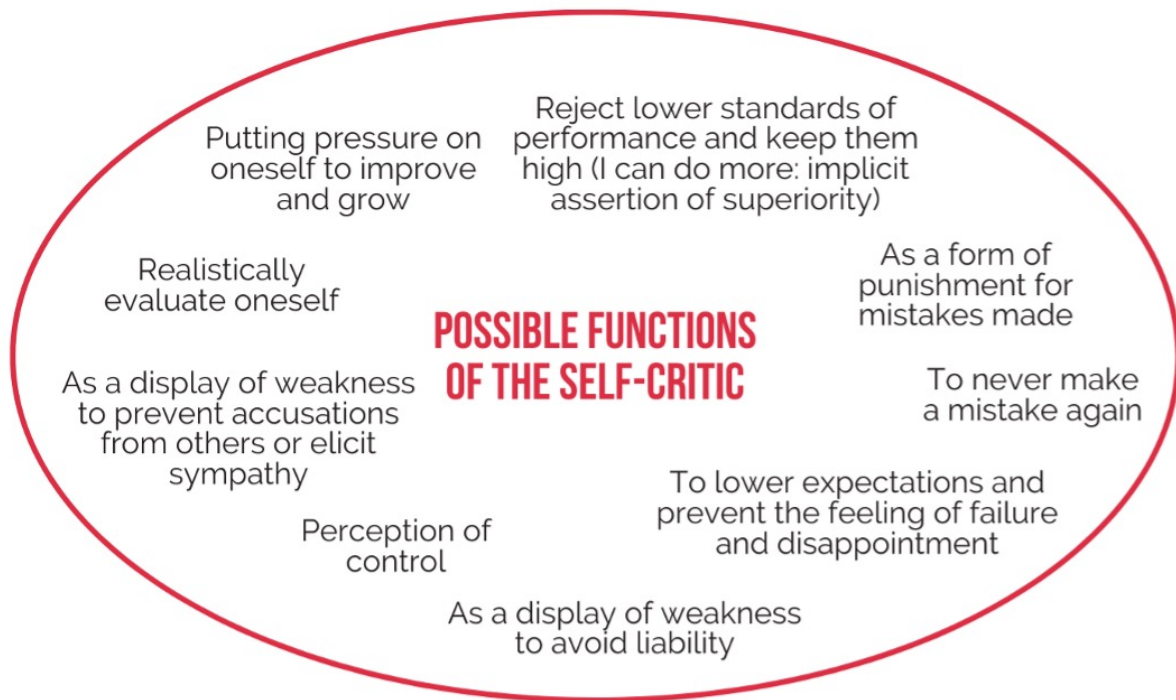


HANDOUT 7.2: POSSIBLE FUNCTIONS OF THE SELF-CRITIC



Which of these resonate most with you?

Which ones do you recognize yourself in the most?

Why? In what specific situations do you notice them?